

Autumn Term 2010-Timetable for Finsbury Children's Centres

Most activities are free!

We ask for a small donation for our stay & play and crèches to help with running cost

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturday
Moreland Moreland St, EC1V 8BB To book call: 020 7336 8453 ext 1. Activities start week beginning Mon 6th September 2010.	9-12 Midwifery Clinic Please call 07852 905982 9:15-11:30 Baby Stay and Play, 0-18mths 9:30-12:00 Incredible Years with a crèche, Please book	9-12 Speech and Language Assessments Please book 9:15-11:30 Stay and Play 9:30-11 Toy Library	9:45-10:45 & 11-12 Little Leaps Language Group Please book Starts 15th September	10-12 Benefits Advice 9:15-11:30 Childminders' Group with Toy Library 9-10 International Breakfast 2nd Thursday 9-10 Breakfast with Turkish Link Worker, 4th Thursday	9:30-11:30 Knitting and Sewing Group with a crèche, Please book 9-12 Counselling with Stress Project Please book	
	1-3 ESOL with a crèche, Please book 1-4 Midwifery Clinic Please call 07852 905982	1-3 ESOL with a crèche, Please book 1-5 Speech and Language Assessments Please book	1-3 Housing Advice every 4 weeks Please book 1-3 Nutrition Clinic, fortnightly Please book 1-3 Cooking & Eating with your child. A 4 week course Please book	1-3 Breastfeeding Support 1-3 Child Health Clinic 1-3 Stay & Play Sing & Sign	1-5 Training for Parents employment/ advice/ support/volunteering Please book 1-3 Every 4th Friday Legal Advice Please book	
	3:30 to 5 Stay and Play & Toy Library older siblings welcome.			3:30 to 5 Stay & Play older siblings welcome.	1-3 Respite crèche	
Golden Lane Campus Whitecross St, EC1Y 8JA To book call: Tel: 020 7786 4800 Activities start week beginning Mon 6th September 2010. All courses marked (CITY) need to be booked and have a fee. Contact COLCEC: 020 7608 2753	9:30-11:30 Stay and Play 9:30-12 (Assessment 13th Sept) Free Adult Literacy classes to Level 1 and 2 National Test Please book 10-11 Tours of Children's Centre	9:30-11:30 Childminders' Stay and Play 9:30-11:30 (CITY) ESOL level E2/3 with crèche 9:45-11:45 (CITY) Sewing & Textiles with crèche 10-11 Last Tuesday of the month local councillor surgery Please book	9:15-10 The Parent Connection Discussion group 9:30-11:30 Respite crèche Please book 9:30-12 Steps into Community Interpreting level 1 Starts 29th September Please book 10-11:30 Centre 404 Advice	9:30-12:30 UCH Midwife Antenatal Clinic 9:15-9:45 Story Telling in Library for under 5's 9:30-12 Ready for work? Employment support, with applications, Cv's, Job searching and workshops, drop in!	9:30-11:30 Stay & Play 9:30-12 Training for Parents employment/ advice/ support/volunteering Please book 9:30-11:30 Toy Library 9-1 'Downright Excellent' Downs Syndrome Support	10-12 Stay & Play 10-12 ESOL level E2/3 with crèche (CITY) 10:30-11:30 Drop in Aerobic sessions £3 per session 10-11:15 (starts 11 sept) Drop in Tai Chi sessions All levels welcome £3 per session
	1-3 Young Parents' Group Stay & Play (Aged under 23) 5-6 Family French (CITY)	9-12 Individual Counselling Please book 1-3 Stay and Play 1-3 ESOL level E2/3 (CITY) with crèche 1-3 Sewing & Textiles with crèche (CITY)	1-3 Baby Stay and Play with breastfeeding support For Ages 0-18mths 1:30-3 Baby Massage 3:15-4 Sing & Sign 4 weeks Please book	1-3 Stay & Play	1:30-3 Baby Yoga 4 week course 1-3 Stay and Play with Helen & Ruth 9:30-12 & 1-4 1st Year of Life Advice Maternity Support Worker (Stay & Play sessions)	Every month there will be childminding briefing sessions For more information contact, Sandra Nicholson Finsbury Childminding Network Coordinator
		6-8, Fortnightly Free legal advice, Please book 6-7 Pilates (CITY) 6-8 Sign Language (CITY) 6-7:30 French Beginners (CITY) Ballroom dancing (CITY) 5:30-6:30 Beginners 6:40-7:40 Improvers	4-6 Family Arts (CITY) 6:15-8:15 (CITY) Fashion Level 1 award Latin Dance (CITY) 5:30-6:30 Beginners 6:40-7:40 Improvers			
				Festivals & Fun Days 2010 🌸 Finsbury Children's Centres Festival at Moreland Children's Centre Friday 10th Dec 3:30-5:30pm 🌸 Community Fun Day in Fortune Street Park, Sat 11th September, 12-4:30pm		